



IRONWOOD

Approved Clothing and Items

Please provide the following clothing and items for your child upon arrival to Ironwood. If you do not already have these items we suggest you have them shipped directly to Ironwood. We have a specific dress code for our residents and any items that are not on this list will not be given to them. We will either ship them back to the parents or store them in their inventory. Ironwood will supply t-shirts, sweatshirts, belts and toiletries. For the first few months they will only need the items from the Frye list. You may send the Farm House items upon arrival or you can wait until they are closer to promoting to level three. Please look at this list carefully and feel free to contact us if you should have any questions.

Frye	Description	Quantity	Unacceptable Items
Jeans	Wrangler/Lee/Levi - <u>Regular fit, (see web link for example)</u> <i>(If your child normally wears tight fitting jeans, please send jeans that are approximately 2 sizes larger)</i>	4	Flair, low rise, baggy, skinny
Socks	White Socks - <u>Crew cut</u>	7	Ankle Cut
Bra's	White Sports Bra's (<u>girls</u>), <u>good support</u>	3	Padding, underwire
Underwear	Girls - <u>White brief fit</u> Boys - <u>White brief fit (boxer briefs are approved)</u>	7	Bikini, boxers, thongs
Sleep Wear	Sweat pants - <u>Light Grey/solid color, loose fit</u> Shorts - <u>Light Grey/solid color, loose fit</u>	2 1	Dark colors, tight fit, above the knee
Razor	Electric razor (<u>boys only</u>)	1	Disposable Razors
Footwear	Hiking Boot or Shoe - <u>Supportive boot or shoe for every day use (good support, arch, tread, preferably waterproof)</u>	1	Skateboarding shoes, fashion footwear
	Sneakers - <u>Running shoe for every day use (good support, arch, tread)</u>	1	
	Slippers - <u>Comfortable and practical (preferably with tread)</u>	1	
	Sandals or "Crocs" - <u>Basic, waterproof (for shower use only)</u>	1	
Winter Items	(October through May) Flannel lined jeans - <u>Regular fit</u>	1	Colored thermals, thin fashion gloves, fashion boots, wind pants
	Wool boot socks	2	
	Winter boots - <u>Warm and lined</u>	1	
	Thermal tops - <u>Light grey/solid color</u>	2	
	Thermal bottoms - <u>Light grey/solid color</u>	2	
	Gloves - <u>Water proof, warm/insulated</u>	2	
	Snow pants - <u>Waterproof, comfortable fit</u>	1	
	Face Mask - <u>Neutral colored neck cowl or face mask</u>	1	

Hygiene Products	Contact Solution - <u>if applicable</u> Acne Wash/Creams - <u>if applicable</u>	1	Complete acne systems, Non-medicated face wash, shampoo, makeup
Exercise Clothing	Pants - <u>Solid color/light grey, loose fitting (warm – ups, yoga-type pants, etc)</u>	2	Tight spandex, above the knee
	Shorts - <u>Solid color/ light grey, knee length</u>	1	
Misc.	Contacts/Glasses (if they have both we prefer glasses) Retainers Acoustic musical instruments Books - <u>Religious, self help, spiritual, nature, classics</u> Water Bottle - <u>Nalgene (BPA free) or Stainless Steel</u>		Books will be approved by Clinical Director

Farm House	Description	Quantity	Unacceptable Items
Shorts	(May through October) <u>Knee length, khaki or navy colored</u>	1	Above the knee, tight
Swimwear	Girls: <u>One piece, athletic style, solid neutral colors</u> Boys: <u>Knee length shorts, lined, solid neutral colors</u>	1	Two piece bathing suits, shorts above the knee
T-Shirts	<u>Neutral solid colored, (for sleeping and exercising)</u>	4	Tight fitting, visible logos
Underwear	Boys: <u>White boxers are acceptable for boys</u>	7	Colorful/printed underwear
Razors	<u>Electric razors are acceptable for girls</u>	1	Disposable Razors
Mucking Boots	<u>Mud boots or mucking boots for barn chores (see web link for example “Britrider is the best”)</u>	1	Rain Boots
Winter Items	(October through May) Wool hat	2	We do not limit these items very much but please try to be practical (white or furry jackets may not be wise choices)
	Scarf	1	
	Winter jacket	1	
Misc.	Electric Musical Instruments		(If your child requests)
Riding Equipment	Helmet and Boots - <u>Mandatory in order for your child to ride. (Visit Adams Horse and Pet Supply: they have an Ironwood package) “Link on our website”</u>		(“Britrider” can be used as a riding or muck boot)

www.ironwoodmaine.com
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